

Independent Living Skills



Our person-centered Independent Living Skills (ILS) services focus on helping people live independently. We work with individuals to build on their strengths and interests, help them connect with community resources, provide emotional support and identify ways to overcome barriers to achieve their goals. We customize program scheduling and strive to develop a positive therapeutic partnership with each person.

Caring and Compassionate Support

Actively Involved, Highly Trained Staff

Effective Communication

Essential Backup Support

More Than 30 Years of Experience

Lifetime Resources, Inc. serves people with mental illness, intellectual disabilities, autism, brain injury, and challenges due to aging and chronic illness. We offer a hands-on approach and take pride in our excellent communication skills, problem resolution and teamwork.

For more information on our ILS services contact:

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